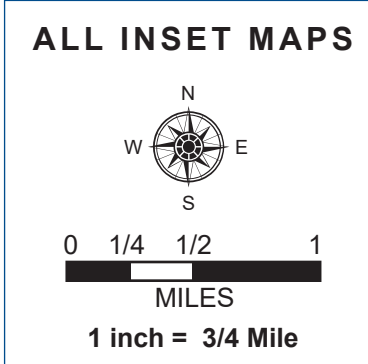
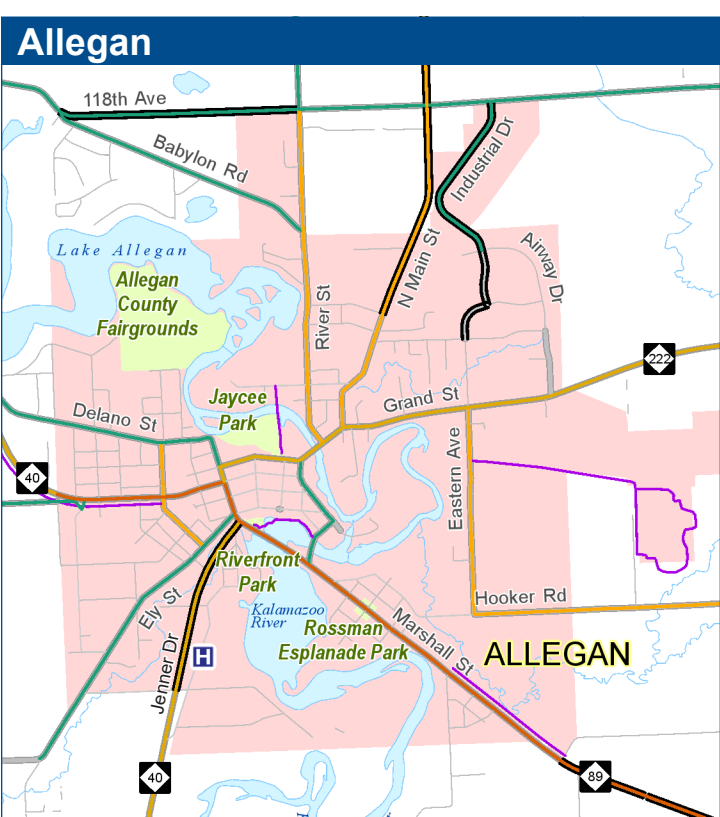
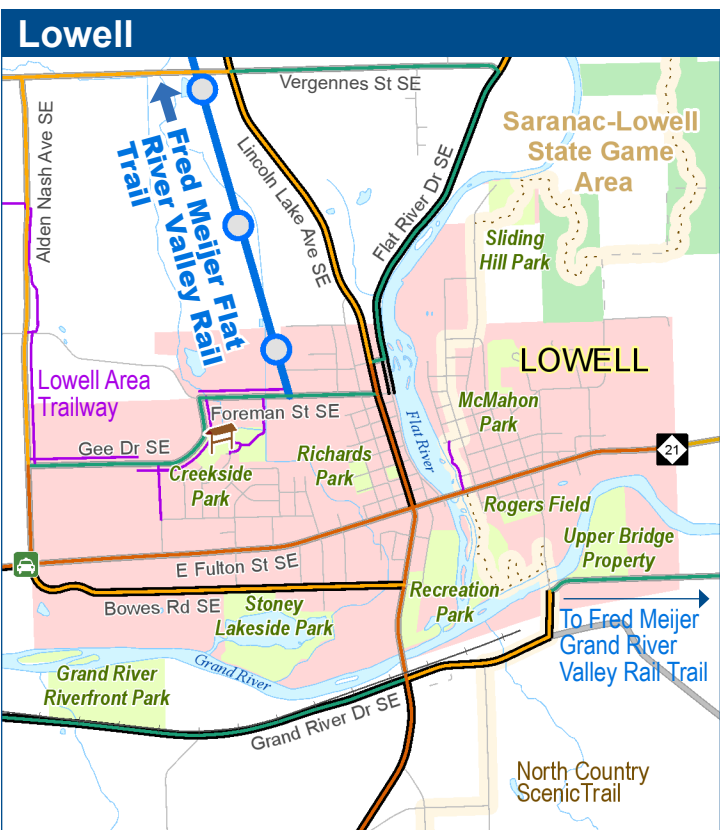
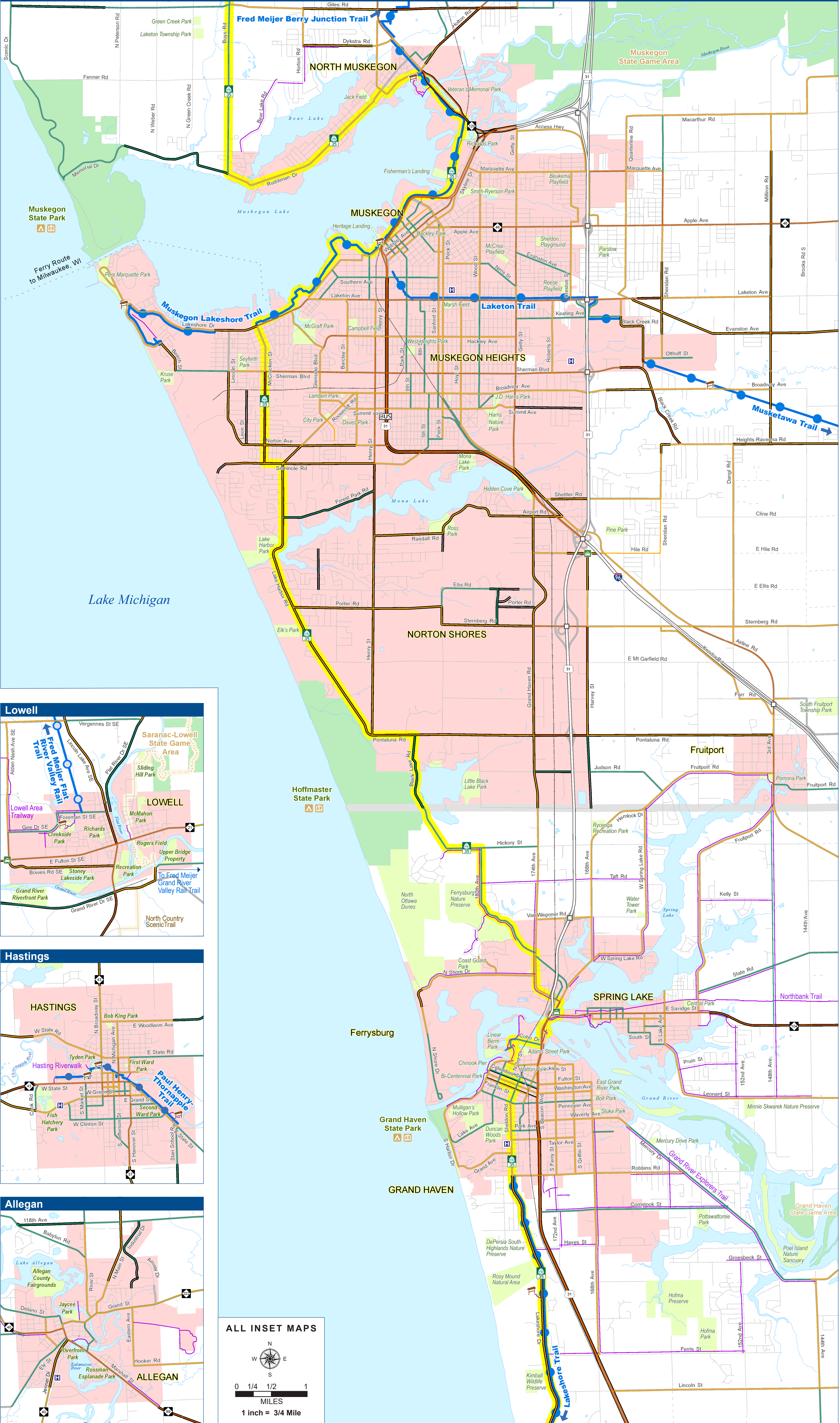
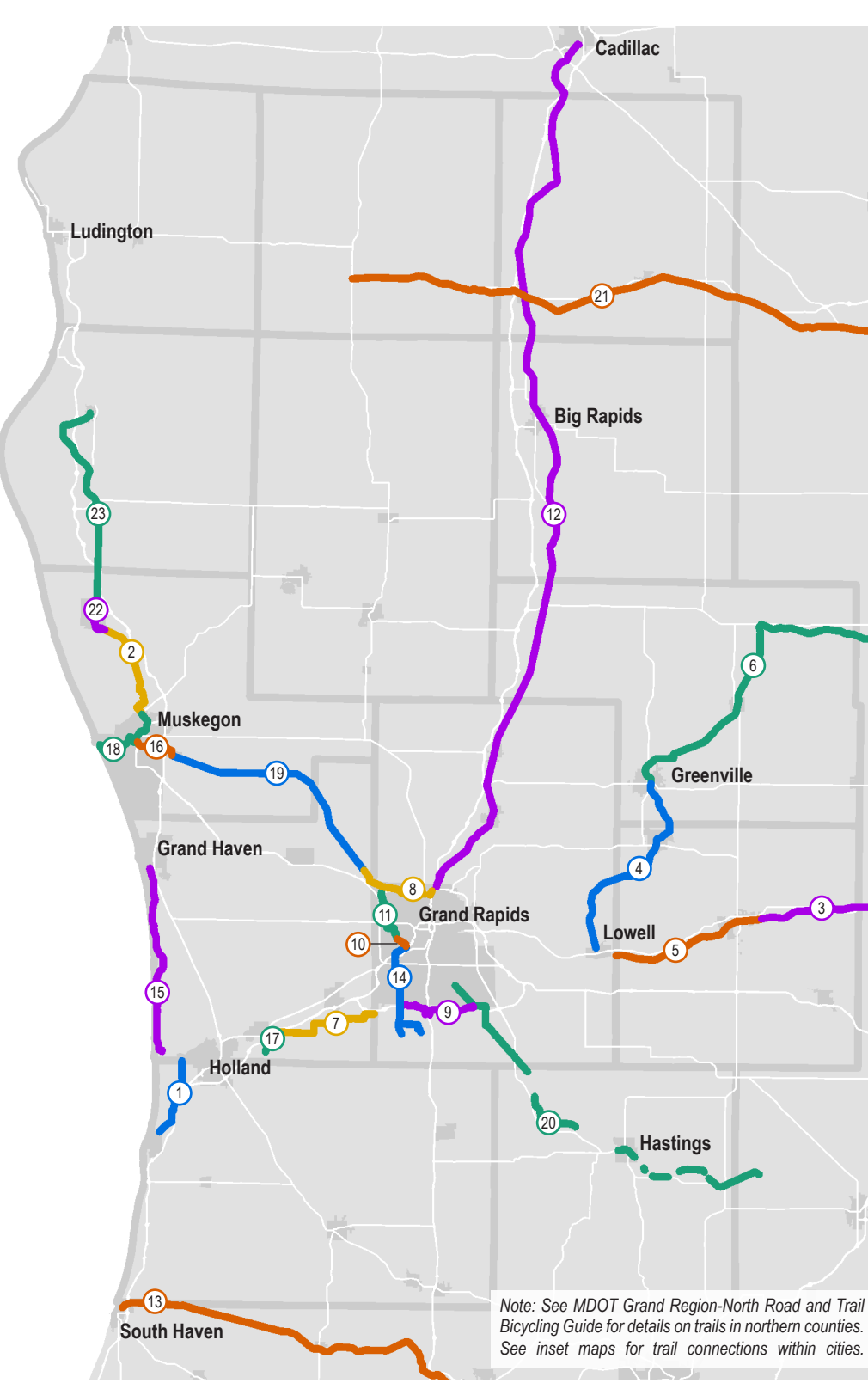


Ferrysburg - Fruit Port - Grand Haven - Muskegon - Muskegon Heights - North Muskegon - Norton Shores - Roosevelt Park - Spring Lake



Shared Use Path Regional Network in the Grand Region

- Beeline Trail 8 miles, paved
- Fred Meijer Berry Junction Trail 11 miles, paved
- Fred Meijer Clinton - Ionia-Shiawassee Rail Trail 41 miles, surface varies
- Fred Meijer Flat River Valley Rail Trail 2 miles, surface varies
- Fred Meijer Grand River Valley Rail Trail 16 miles, surface varies
- Fred Meijer Heartland Trail 46 miles, paved
- Fred Meijer Kenowa Trail 12 miles, paved
- Fred Meijer Pioneer Trail 8 miles, paved
- Fred Meijer M-6 Trail 9 miles, paved
- Fred Meijer Millennium Park Trails 20 miles, paved
- Fred Meijer Standale Trail 6 miles, paved
- Fred Meijer White Pine Trail State Park 94 miles, surface varies
- Kal-Haven Trail State Park 35 miles, crushed limestone
- Kent Trails 13 miles, paved
- Lakeshore Trail 20 miles, paved
- Laketon Trail 4 miles, paved
- Macatawa Trail 3 miles, paved
- Muskegon Lakeshore Trail 10 miles, paved
- Musketawa Trail 19 miles, paved
- Paul Henry-Thornapple Trail 19 miles, paved
- Pere Marquette State Trail 56 miles, surface varies
- White Lake Pathway 3 miles, paved
- William Field Memorial Hart-Montague Trail State Park 22 miles, paved



Where To Ride

On the Road:
Bicycles are permitted on all Michigan highways and roads EXCEPT limited-access freeways or unless otherwise posted. Bicycles are allowed on all road systems including those in state forests, state parks, national forests and national parks.

State Parks:
Bikes are currently allowed on all paved and non-paved roads in Michigan state parks. Bikes may also be ridden on designated bike paths. Mountain bikes are allowed only on trails designated for bicycle use. For general recreation questions, please e-mail DNR-ParksAndRecreation@michigan.gov or call 517-284-7275 (517-284-PARK).

State Forests:
Bicycles are allowed on most state forest trails. For general recreation questions, please e-mail DNR-ParksAndRecreation@michigan.gov or call 517-284-7275 (517-284-PARK).

State Game Areas:
Bicycles are allowed on designated trails and areas in state game areas. For general recreation questions, please e-mail DNR-ParksAndRecreation@michigan.gov or call 517-284-7275 (517-284-PARK).

National Forest Trails:
Bicycles are allowed on National Forest trails except where posted. Some trails may be open to foot traffic only. Huron-Manistee National Forest (800) 821-6263. www.fs.fed.us

North Country Scenic Trail:
The entire North Country Trail is open to hiking, however, only portions are open to mountain biking. North Country Trail Association at (616) 897-5987 or toll-free at (866) 445-3628. www.northcountrytrail.org

Local Trail Systems:
Many communities have developed their own trail systems. Rules and regulations vary by each individual trail and community. Contact the appropriate jurisdiction for more information.

Wilderness Areas:
Bicycles are considered to be mechanical devices and are therefore prohibited in national wilderness areas.

Tourist Information

Vacation and accommodation information can be obtained from the following organizations. The same information can be obtained at Michigan's 13 Welcome Centers, located on major highways throughout Michigan.

Travel Michigan
www.michigan.org
(888) 784-7328

West Michigan Tourist Association
www.wmta.org
(313) 775-2421 or (800) 821-6263

The Huron-Manistee National Forest
www.fs.usda.gov/hnmf
(231) 775-2421 or (800) 821-6263

Muskegon County Visitors Bureau
www.visitmuskegon.org
(231) 724-3100

Holland Convention and Visitor Bureau
www.holland.org
(616) 394-0000 or (800) 506-1299

Grand Haven Convention and Visitors Bureau
www.visitgrandhaven.com
(616) 842-4499

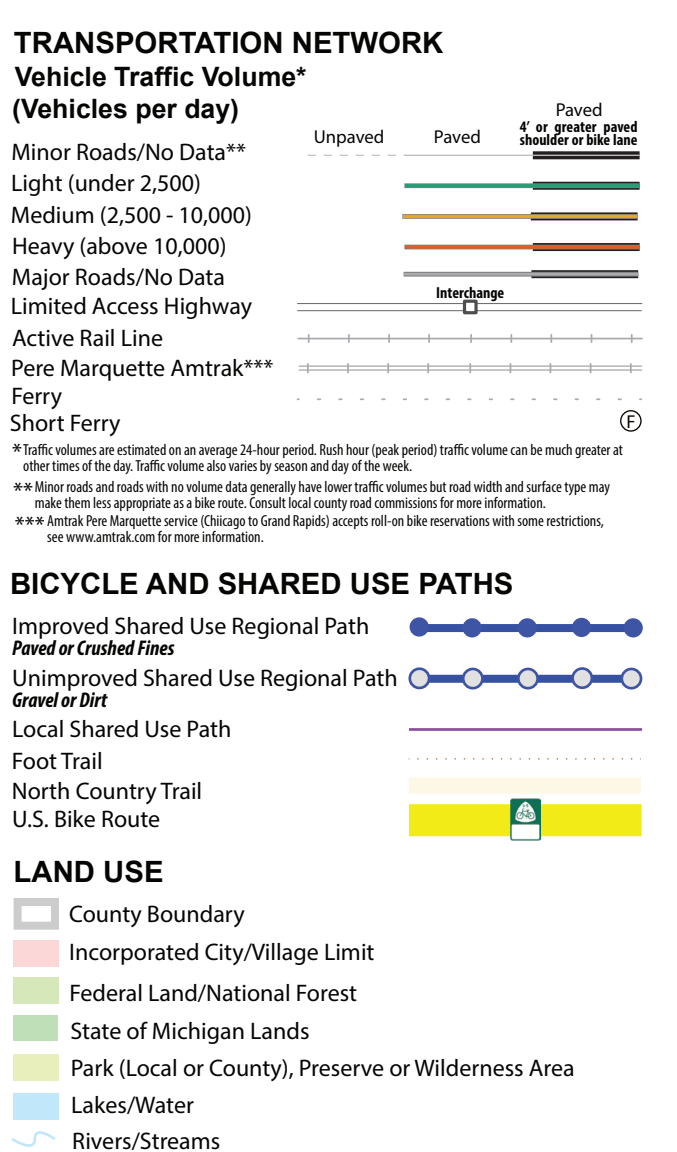
Grand Rapids Convention and Visitors Bureau
www.experiencegr.com
(616) 459-8287

Ferry Crossings

Muskegon, Michigan to Milwaukee, Wisconsin Lake Express Ferry:
Passengers aboard the Lake Express traveling between Muskegon, Michigan and Milwaukee, Wisconsin have the option to travel with their bicycle for an additional fee. For more information regarding schedules and rates please call the Lake Express at (866) 914-1010. www.lake-express.com

Ludington, Michigan to Manitowoc, Wisconsin S.S. Badger Ferry:
Passengers aboard the S.S. Badger traveling between Ludington, Michigan and Manitowoc, Wisconsin have the option to travel with their bicycle for an additional fee. For more information regarding schedules and rates please call S.S. Badger at (800) 841-4223. www.ssbadger.com

Legend

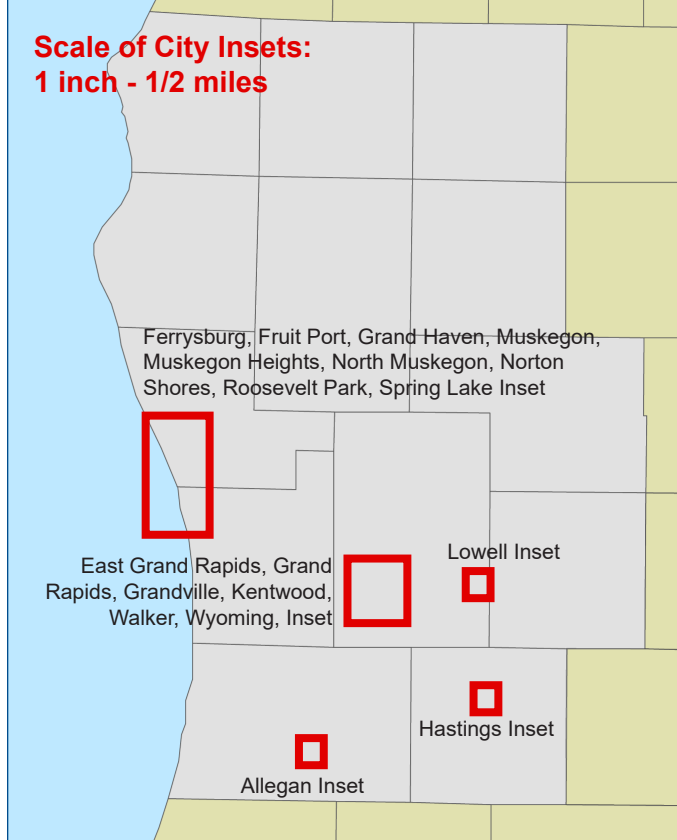


SERVICES

CITY/VILLAGE NAME
Full Service (Food, and lodging)
City/Village Name
Some Services (Food, or lodging)

POINTS OF INTEREST
Amtrak Station
Carpool Parking Lot
Hospital
Trail Head
University
Facilities within state parks and forests:
Campground
Mountain Biking
Restrooms

Reference Map



East Grand Rapids - Grand Rapids - Grandville - Kentwood - Walker - Wyoming

