

# Grand Region - South

## Road and Trail Bicycling Guide



Counties of:  
**Allegan - Barry - Ionia**  
**Kent - Muskegon - Ottawa**

\$5.00  
VALUE

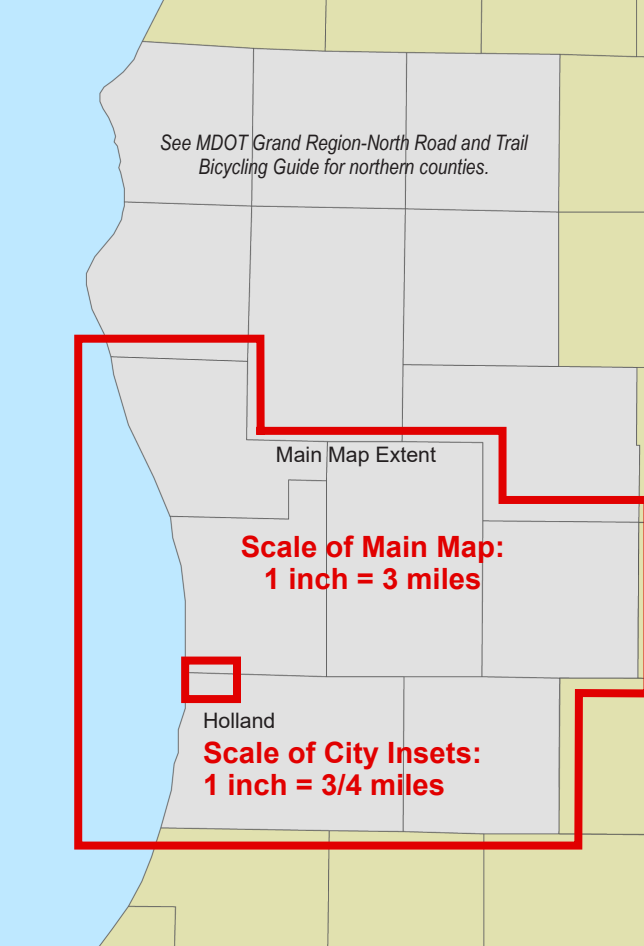


### Before You Use This Map

This guide has been developed by The Greenway Collaborative, Inc. in collaboration with the Michigan Department of Transportation (MDOT) as an aid to bicyclists and is not intended to be a substitute for a person's use of reasonable care. The user of this map bears full responsibility for his or her safety. The Greenway Collaborative, Inc. and MDOT make no express or implied guarantee as to the safety or condition of the roads and paths shown and has no responsibility for maintaining them. Conditions indicated on the map are subject to change. Be prepared to make your own assessment of traffic, roads, and trails and plan routes appropriate to your riding skills.

All public and private entities and persons involved in the creation of this map disclaim responsibility and shall not be answerable or held accountable in any manner for loss, damage or injury that may be suffered as the result of the use of this map.

### Reference Map



### Legend

#### TRANSPORTATION NETWORK

##### Vehicle Traffic Volume\* (Vehicles per day)

	Unpaved	Paved	Paved with asphalt base and top layer
Minor Roads/No Data**			
Light (under 2,500)			
Medium (2,500 - 10,000)			
Heavy (above 10,000)			
Major Roads/No Data			
Limited Access Highway			
Active Rail Line			
Pere Marquette Amtrak***			
Ferry			
Short Ferry			

\*Traffic volumes are estimated on an average 24-hour period. Peak period traffic volumes can be much greater at other times of the day. Traffic volume data varies by season and day of the week.

\*\*Major roads and roads with no volume data generally have lower traffic volumes but road width and surface type may make them more appropriate as bike routes. Local road quality and conditions have more information.

\*\*\*Pere Marquette service Chicago to Grand Rapids stops only on bike reservations with some restrictions. See www.pere-marquette.com for more information.

#### BICYCLE AND SHARED USE PATHS

Improved Shared Use Regional Path	
Paved or Gravel Path	
Unimproved Shared Use Regional Path	
Gravel or Dirt	
Local Shared Use Path	
Foot Trail	
North Country Trail	
U.S. Bike Route	

#### LAND USE

County Boundary	
Incorporated City/Village Limit	
Federal Land/National Forest	
State of Michigan Lands	
Park (Local or County), Preserve or Wilderness Area	
Lakes/Water	
Rivers/Streams	

#### SERVICES

##### CITY/VILLAGE NAME

Full Service (Food, and lodging)

##### City/Village Name

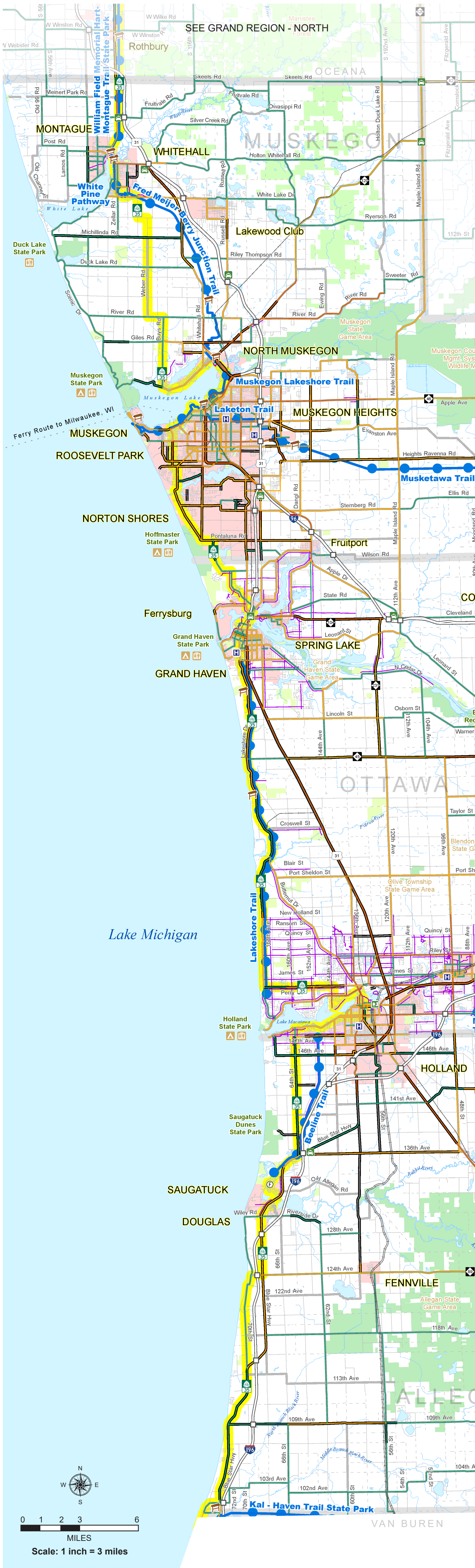
Some Services (Food, or lodging)

##### POINTS OF INTEREST

Amtrak Station	Hospital	University
Carpool Parking Lot	Trail Head	

Facilities within state parks and forests:

Campground	Mountain Biking	Restrooms
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### Bicycle Resources

#### Michigan Department of Transportation

MDOT provides maps and other information on safe bicycling as well as guidance on how to transport bicycles on ferries and major bridges. [www.michigan.gov/mdot-biking](http://www.michigan.gov/mdot-biking)

#### Michigan Department of Natural Resources

MDNR promotes the development of trail systems throughout the state. They work with local agencies in trail development, planning and design and administer a number of funding programs. Contact the Michigan Department of Natural Resources, Parks and Recreation division at (517) 284-7275. [www.michigan.gov/dnr](http://www.michigan.gov/dnr)

#### League of Michigan Bicyclists

LMB is a non-profit membership organization, which promotes bicycling for recreation and transportation in Michigan. The LMB organizes annual Shoreline Bicycle Tours, publishes an annual poster calendar of cycling events statewide, distributes general cycling information and educates children and adults on safe cycling. The LMB works with MDOT and other state and local agencies to improve conditions for bicycling in Michigan. For a free brochure listing membership benefits and services contact the League of Michigan Bicyclists, 416 South Cedar Street # A, Lansing, MI 48912. (517) 334-9100 or (888) MI-BIKES [www.lmb.org](http://www.lmb.org)

#### Michigan Trails and Greenway Alliance

MTGA is a non-profit organization that fosters and facilitates the creation of an interconnected statewide system of trails and greenways for recreation, health, transportation, economic development and environmental and cultural preservation purposes. MTGA works at both the state and local levels by assisting public and private interests in trail and greenway planning, funding, development and maintenance. For more information please contact the Michigan Trails and Greenway Alliance. [www.michigantrails.org](http://www.michigantrails.org)

#### Michigan Mountain Biking Association

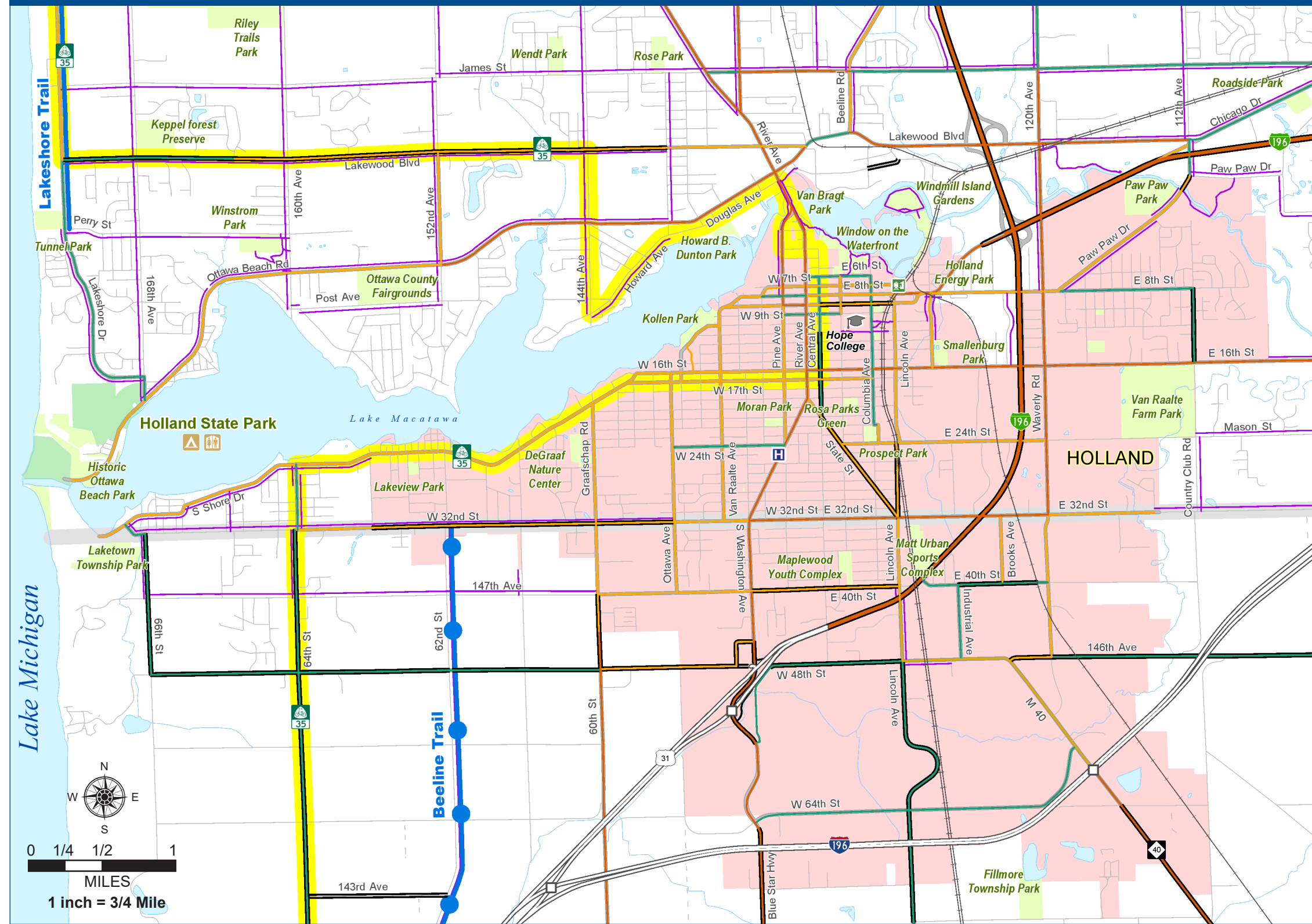
MMBA promotes responsible mountain biking and works toward the goals of common land access and natural resources protection. For information, contact the Michigan Mountain Biking Association. [www.mmiba.org](http://www.mmiba.org)

#### West Michigan Trails and Greenways Coalition

WMT&GC is a non-profit group dedicated to developing nonmotorized trails and greenways. Their mission is to help coordinate regional trails and greenways infrastructure in order to connect communities with each other and to the regions' natural areas and civic destinations. For more information on specific trails of West Michigan contact WMT&GC. [www.wmtrails.org](http://www.wmtrails.org)



### Holland



### Map Information

Map produced by the Greenway Collaborative, Inc. in collaboration with the Michigan Department of Transportation with funding from the Federal Highway Administration.

To order additional maps, please visit the Michigan Department of Transportation website at: [www.michigan.gov/mdot-biking](http://www.michigan.gov/mdot-biking). Select the link "Order MDOT Bicycling Maps."

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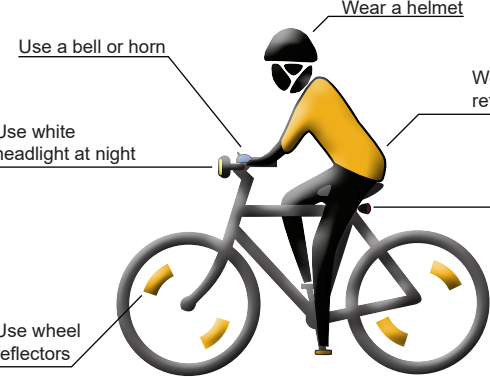
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### Bicycle Safety

#### Rights and Responsibilities

In general, bicyclists on public roadways have the same rights and responsibilities as automobile drivers and are subject to the same state laws and local ordinances. For everyone's safety observe these bicycling rules and safety tips.



#### Always Wear an Approved Helmet

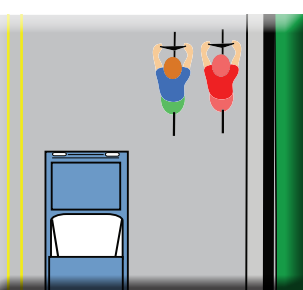
Always have your helmet fitted and adjusted properly. Helmets should fit snugly so they do not move around while riding.

#### Wear Appropriate Clothing

Wear light, bright and/or reflective clothing at all times of the day and night to improve your visibility. Dress in layers and bring gear for unforeseen changes in weather.

#### Ride as far to the Right as Practicable

Bicyclists should keep as far to the right as practicable, moving left to avoid hazards and to position themselves in the appropriate designated through or turn lanes.



#### Keep to the Right and Ride Only Two Ahead

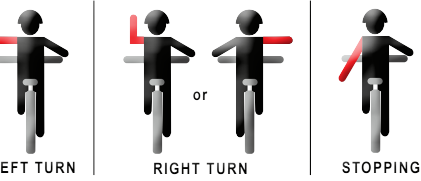
No more than two bicyclists should ride side by side in a public roadway. When riding in a group, form a single file line when other road users are present.

#### Ride with Traffic

Motorists are not looking for bicyclists riding on the wrong side of the road. State law requires that cyclists ride with the flow of traffic.

#### Use Lights and Reflectors at Night

State law requires a white light visible for 500 feet and a red reflector visible for 600 feet at night. A flashing red light is recommended. More reflectors and stronger lights make you more visible.



**Use Hand Signals**  
Hand signals tell pedestrians and motorists what you intend to do. It is state law that you use signals.

#### Carrying Stuff

If you plan on carrying any packages, bundles or objects, you must be able to keep both hands on the handlebars. A variety of racks, packs, and trailers can be fitted to your bicycle to transport goods.

#### Be Courteous and Respectful on Trails

Show courtesy to all trail users. Adhere to trail hours and restrictions. Respect the rights of property owners along the trail.

#### Watch for Cars

Always assume that motorists do not see you. Keep an eye out for cars pulling into traffic from parking spaces, driveways and intersecting streets. Make eye contact to assess your safety before proceeding in front of vehicle. Watch out for car doors opening into travel lane.

#### Watch for Hazards

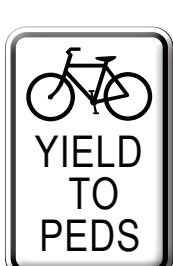
Watch out for sewer grates, slippery manhole covers, oily pavement, snow and ice. Cross railroad tracks at right angles. It is not necessary to use a bike lane or paved shoulders if hazards such as debris and poor pavement conditions make it unsafe.

#### Safety Accessories

Water bottles, tire repair kits, mirrors, locks, and first aid kits help make each trip safer and the bicyclist more self-sufficient.

#### Always Yield to Other, Slower Trail Users

When operating on a shared use trail or sidewalk, bicyclists must yield the right of way to pedestrians and shall give an audible signal before overtaking and passing a pedestrian. When overtaking, announce your intentions by saying "passing on your left" or ringing your bell.



On average, a mile takes 4 to 8 minutes to bike not accounting for delays from stop signs, traffic signals or traffic. Approximate distance traveled in 15 minutes:

At a speed of 8 mph  
At a speed of 15 mph